

2026 School Wellbeing Program

Proudly supported by **colesgroup**

Together in 2025 we...

Partnered with over

1,130
schools

Supported over

374,000
students

Empowered over

37,000
educators

What to expect in 2026

Continue to make a lasting impact next year with everything you know and love about the program, plus some exciting new extras, such as more support for staff wellbeing, fresh Inspire videos for parents and teachers, and a new way to measure your wellbeing culture.

Customised support for your school community

- A dedicated School Partnership Manager to help you customise the program to your school's needs and support you throughout the year.
- **NEW!** Even more resources and tools to help you embed a culture of wellbeing across your whole.

Engaging teaching and learning content

- Continued access to an online teaching platform, TRP Hub, with fun, engaging and evidence-based lessons, designed by teachers for teachers.
- **NEW!** Brand new Inspire videos for parents and teachers, plus a video series for students in every year level.

Educator wellbeing and capacity building

- Tools and resources to support educator wellbeing.
- **NEW!** New professional development opportunities to deepen knowledge and continue to engage staff.

Measurable program impact

- An annual Resilient Youth survey to benchmark and track the wellbeing of your students.
- **NEW!** A wellbeing culture assessment to help you identify focus areas within your school and measure progress.

Proven impact of a long-term approach

Thanks to an independent evaluation by Monash University, it's now clearer than ever that a long-term, whole-school approach makes a meaningful and lasting difference to mental health and wellbeing.

The study found, after six years, students participating in our program saw:



Significantly lower odds of mental illness
(47% lower for depression and 34% lower for anxiety).



Higher scores across all positive mental health outcomes, including life satisfaction, hope and coping skills.

Steps to wellbeing in 2026

Step 1



Confirm your place

Lock in your school's spot in the program for 2026 by completing the confirmation form on our website and providing indicative student numbers.

📅 Today

Step 2



Order curriculum resources

As well as Student Journals, choose from a range of extra wellbeing resources, such as emotion cards, reading logs and teacher planners to further embed the program and support your whole school community.

📅 Term 4

Step 3



Hub access and invoice

After confirming your final numbers and curriculum resources, your TRP Hub access will automatically roll over into 2026 and you'll receive an invoice for payment in January.

📅 Term 1

Visit our website for more info:

- Program inclusions and pricing
- A cost calculator
- Options to further embed wellbeing in your school community



Scan this QR code for more info